

“Ask for help. **All the women** living in Spain, **regardless of their origin, religion, personal or social circumstance, or any other condition, are entitled to protection against gender-based violence**”



Ayuntamiento
de Murcia



Acting to
prevent
violence
against
women.



“Put yourself
in my skin”

WHERE TO GO:

If you or your children are **at risk**,
Call 112.

If you would like some **advice** about your
situation (it is not necessary to have
previously lodged a formal complaint):

**EMAVI Municipal assistance team for
violence against women.**

C/ Eulogio Soriano, No 6 Murcia

Phone: 968 358 600

Extensions: 50716, 50717, 50720, 50721
and 50743.



GENDER-BASED VIOLENCE IS:

- ▶ Being forced to marry someone you do not love.
- ▶ When your partner locks you up at home or does not allow you to go out alone.
- ▶ When your partner pushes you, grabs you forcefully, punches you, kicks you, etc.
- ▶ Being insulted, humiliated or ignored as a woman or as a mother.
- ▶ Not having access to money for groceries or having to ask for permission to go shopping.
- ▶ Not being allowed by your partner to freely go to training courses, medical appointments, meetings at your children's school, etc.
- ▶ Not being allowed by your partner to work.
- ▶ Not being allowed by your partner to take part in your children's education.
- ▶ Being forced by your partner to leave the family home.
- ▶ When your children see how their father insults, pushes or hits their mother.
- ▶ When your partner breaks objects at home, destroys furniture or damages your belongings.
- ▶ When your partner threatens to hurt you even more if you report him to the police or to hurt your children if you do not do what he says or to take your children out of the country.
- ▶ If your husband forces you to have sexual relations without your consent, this is also considered violence.
- ▶ When your partner controls the way you dress or whether or not you wear make-up.
- ▶ When he watches and controls your phone to know who you call or what you do on your social media.
- ▶ Being forbidden to meet your friends or family.

OTHER FORMS OF VIOLENCE AGAINST WOMEN:

Female genital mutilation, forced marriage, harassment, forced abortion, forced sterilisation and trafficking with girls and women for the purposes of sexual exploitation.

YOU ARE ENTITLED TO:

- ▶ Free legal advice (you will be able to request a court-appointed lawyer before lodging a formal complaint with the police)
- ▶ Legal protection and safety measures.
- ▶ Comprehensive and emergency care, support and refuge and comprehensive recovery social services for you and your children.
- ▶ If you are not working: to take part in a specific employment programme and to have access to social benefits.
- ▶ If you are working: to reduction or rearrangement of your working hours, to geographic mobility, to change your workplace, to suspension of the employment relation with the right to have your post held or to termination of the employment contract.

KNOW THAT:

- ▶ In Spain violence against women is a crime.
- ▶ Ask for help from the Specialized Public Services, they will inform and counsel you about what is best. This is a free service and they guarantee protection and accompaniment to escape violent situations.
- ▶ Even if you do not have a residence permit, you can ask for help and report to the police what you are going through without a deportation procedure being started.
- ▶ If your permit was granted for family reunification requested by your spouse, you can also lodge a formal complaint without losing legal residence for you and your children.
- ▶ If you report violence to the police and you separate from your partner, you can stay in the family home and keep custody of your children even if you do not have economic resources.
- ▶ If you got married in another country, you can also get a divorce in Spain.

